



31 Things To Do in July

1. Pick one of the books off your bookshelf and send it on a trip at www.bookcrossing.com.
2. Lighten up: dump your everyday purse and only put back the essentials.
3. Create a summer playlist of songs that bring back fond memories.
4. Choose an item from your "to-read" pile and actually read it.
5. Open your utensil drawer, choose five utensils you rarely grab for and relocate them.
6. Pick out one article of clothing that is just "not you" and let it go.
7. Move all the decorative items off a single surface then out back just the ones you love.
8. Spend one night pretending the power went out and do tasks by candlelight.
9. Choose one recipe from your "I'll prepare these one day" pile and actually prepare one.
10. Take pleasure in a task instead of classifying cleaning and laundry as just chores.
11. Finally frame that photo you've been meaning to frame.
12. Call the Bite Size Inspiration On Call hotline and listen to Jamie's message for you 641-715-3900 use passcode 837671#
13. Try replacing one store bought cleaning solution with a homemade version.
14. Freeze and eat an ice pop that reminds you of your childhood summers.
15. Mail a handwritten note to a friend.
16. Bring a little of the summertime indoors, fresh flowers, sand and shells or even pebbles.
17. Run a disinfecting cloth over your cell phone, television remotes, and light switches.
18. Savor a s'more. No campfire? No problem, a toaster oven will do.
19. Plan for then actually take that "someday" day trip/road trip.
20. Consider today a special day, use something you've been saving for a special occasion.
21. Pare down your pile of randomly collected business cards by half.
22. Donate, recycle or find new homes for 3 promotional items like free logo mugs.
23. Incorporate a treasured item into your décor like an heirloom teacup to hold paperclips.
24. Label the cords you need for everyday electronics like your cell phone and camera.
25. Look at your calendar for the next month to see what you'll need so you can get it ready.
26. Finally make that overdue appointment like a dentist, haircut, or veterinarian.
27. Fix something that will make your life easier like replacing the car's wiper blades.
28. To save space and make files easier to find delete five old files from your computer.
29. Slow down. Notice when you're rushing and choose to be more thoughtful then go slower.
30. Try a new shade of lipstick or gloss, even if you're not sure it's "you," it just might be.
31. Pull out a hobby you used to love or always wanted to try but never made time for.