

Once-a-Week Decluttering 2017 Calendar

Check out this super simple way to de-clutter 1,378 items out of your home by this time next year! It all begins today with week one, when you “toss” just one item.

Then next week, the second week you “toss” two. The following week, week three, you “toss” three items and so on. These small, consistent, weekly steps add up to big change!

Not sure where to begin? I’ve included suggested focus areas for each month.

And by “toss” I really mean toss, sell, share, shred, recycle, donate, trade-in, give it away, place it curbside or return borrowed items. The goal is to toss it out of your home.

You can do this! All you have to do is get started! If you need more inspiration, accountability or ideas log onto www.JamieNovak.com. Ready? Let’s de-clutter!

<p style="color: #E91E63; font-style: italic;">January</p> <p>Focus on the flat surfaces! What can you recycle? Junk mail maybe?</p>	<p>week 1 January 2 <input type="checkbox"/></p> <p>week 2 January 9 <input type="checkbox"/></p> <p>week 3 January 16 <input type="checkbox"/></p> <p>week 4 January 23 <input type="checkbox"/></p> <p>week 5 January 30 <input type="checkbox"/></p>	<p>Notes:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p style="color: #E91E63; font-style: italic;">February</p> <p>Focus on the bedroom! A cluttered corner or a treadmill turned closet.</p>	<p>week 6 February 6 <input type="checkbox"/></p> <p>week 7 February 13 <input type="checkbox"/></p> <p>week 8 February 20 <input type="checkbox"/></p> <p>week 9 February 27 <input type="checkbox"/></p>	
<p style="color: #E91E63; font-style: italic;">March</p> <p>Focus on the papers! Thin your to-read pile, purge files and shred stuff.</p>	<p>week 10 March 6 <input type="checkbox"/></p> <p>week 11 March 13 <input type="checkbox"/></p> <p>week 12 March 20 <input type="checkbox"/></p> <p>week 13 March 27 <input type="checkbox"/></p>	
<p style="color: #E91E63; font-style: italic;">April</p> <p>Focus on the storage! Get the car in the garage, sort your “yard sale” box.</p>	<p>week 14 April 3 <input type="checkbox"/></p> <p>week 15 April 10 <input type="checkbox"/></p> <p>week 16 April 17 <input type="checkbox"/></p> <p>week 17 April 24 <input type="checkbox"/></p>	
<p style="color: #E91E63; font-style: italic;">May</p> <p>Focus on the clothing! Think shoes, jewelry, accessories and old clothes.</p>	<p>week 18 May 1 <input type="checkbox"/></p> <p>week 19 May 8 <input type="checkbox"/></p> <p>week 20 May 15 <input type="checkbox"/></p> <p>week 21 May 22 <input type="checkbox"/></p> <p>week 22 May 29 <input type="checkbox"/></p>	
<p style="color: #E91E63; font-style: italic;">June</p> <p>Focus on the drawers! The many miscellaneous and junk drawers.</p>	<p>week 23 June 5 <input type="checkbox"/></p> <p>week 24 June 12 <input type="checkbox"/></p> <p>week 25 June 19 <input type="checkbox"/></p> <p>week 26 June 26 <input type="checkbox"/></p>	

Countdown to Clutter-Free 2017 Calendar

July

Focus on the **closets!** Consider the front hall and linen closets.

- week 27 July 3
- week 28 July 10
- week 29 July 17
- week 30 July 24
- week 31 July 31

August

Focus on the **bathroom!** Check under the sink, make-up and 1st aid.

- week 32 August 7
- week 33 August 14
- week 34 August 21
- week 35 August 28

September

Focus on the **digital!** Download photos, delete files and emails.

- week 36 September 4
- week 37 September 11
- week 38 September 18
- week 39 September 25

October

Focus on the **living room!** Games with missing pieces, books and CD's.

- week 40 October 2
- week 41 October 9
- week 42 October 16
- week 43 October 23
- week 44 October 30

November

Focus on the **kitchen!** Cookbooks, recipes, fridge, cabinets and pantry.

- week 45 November 6
- week 46 November 13
- week 47 November 20
- week 48 November 27

December

Focus on the **entryway!** Broken umbrellas, coats and shoes to share.

- week 49 December 4
- week 50 December 11
- week 51 December 18
- week 52 December 25

Notes:

Do not pull everything out of the space.
You'll overwhelm yourself and only end up making a bigger mess. The idea is to identify the items you can toss and then toss them.

Do not make more piles or put the items into a bag to deal with later.
Just do it now!

Do not stop!
Miss a week? Jump back in if you miss a week. This is *not* about being perfect this is about making progress.