

*Lighten up this summer - one toss at a time!*

## July 2019

July 1 \_\_\_\_\_

July 12 \_\_\_\_\_

July 23 \_\_\_\_\_

July 2 \_\_\_\_\_

July 13 \_\_\_\_\_

July 24 \_\_\_\_\_

July 3 \_\_\_\_\_

July 14 \_\_\_\_\_

July 25 \_\_\_\_\_

July 4 \_\_\_\_\_

July 15 \_\_\_\_\_

July 26 \_\_\_\_\_

July 5 \_\_\_\_\_

July 16 \_\_\_\_\_

July 27 \_\_\_\_\_

July 6 \_\_\_\_\_

July 17 \_\_\_\_\_

July 28 \_\_\_\_\_

July 7 \_\_\_\_\_

July 18 \_\_\_\_\_

July 29 \_\_\_\_\_

July 8 \_\_\_\_\_

July 19 \_\_\_\_\_

July 30 \_\_\_\_\_

July 9 \_\_\_\_\_

July 20 \_\_\_\_\_

July 31 \_\_\_\_\_

July 10 \_\_\_\_\_

July 21 \_\_\_\_\_

Fill in things  
you tossed \_\_\_\_\_

July 11 \_\_\_\_\_

July 22 \_\_\_\_\_

that weren't  
on the list! \_\_\_\_\_

**Print the calendar & read the "TOSS" of the day at [www.JamieNovak.com](http://www.JamieNovak.com)**